

Curriculum Vitae					
PERSONAL PROFILE					
Name	Erika Pancas Andrade Pereira				
Address	Av. do Zimbabwé, nº 838, Bairro do Sommerschild, Maputo - Moçambique				
Telephone	+258 824211350				
Email	pereiraerika@hotmail.com				
Citizenship	Mozambican				
Birth Date	13/02/1989				
Gender	Female				
Marital Status	Single				
PROFESSIONAL EXPERIENCE					
Groote Schuur Hospital Cape Town – South Africa February 2010 to December 2010		Physiological and Nutritional Assessment Practical Sessions as a final year student at the University of Cape Town			
B&M Translations South Africa/Mozambique/Portugal/ UK August 2008 to present		Translations Translation work from English to Portuguese			
EDUCATION					
University of Chester United Kingdom 2011-2013		Masters in Exercise and Nutrition Science		Modules: Exercise and Health Causes and Assessment of Obesity Nutrition in Health and Disease Dietary approaches do Weight Management Science of Weight Control Dissertation (ongoing)	
University of Cape Town South Africa 2007-2010		BSc in Human Biosciences		Field: Psicologia, Human Physiology, Human Nutrition	
Escola Portuguesa de Moçambique Mozambique 2004-2006		High School Field: Science – Biology and Chemistry			
Escola Portuguesa de Moçambique Mozambique 1994 - 2004		Primary and Secondary Education			
PERSONAL SKILLS					
Language Proficiency					
	Understanding		Speaking		Writing
	Listening	Reading	Oral Interaction	Oral Production	
Portuguese	Excelent	Excelent	Excelent	Excelent	Excelent
English	Excelent	Excelent	Excelent	Excelent	Excelent
Spanish	Good	Elementary	Elementary	Elementary	-

ORGANIZATIONAL AND INDIVIDUAL SKILLS	<p>Good ability to communicate orally.</p> <p>Good ability to work and interact in multicultural environments.</p> <p>Good organizational ability.</p> <p>Team spirit.</p> <p>Sense of responsibility.</p> <p>Versatility and creativity.</p> <p>Reading.</p> <p>Dance.</p>
TECHNICAL SKILLS	<p>Sense of responsibility and versatility regarding the tasks to complete.</p> <p>Good ability to perform field work:</p> <ul style="list-style-type: none"> - Inter-personal communication - Data collection, selection and analysis - Elaboration of reports <p>Thorough knowledge of Human Physiology and Nutrition.</p> <p>Reasonable knowledge of politics and food production.</p>
COMPUTER SKILLS	<p>Good knowledge of (user's perspective): WORD, EXCEL, OUTLOOK, POWERPOINT, SPSS.</p>
SOCIAL SKILLS	<p>Donations of food products to individuals in need residing in institutions.</p>
PERSONAL SKILLS	<p>Mozambican Drivers License</p>
ADDITIONAL INFORMATION	
Relevant Academic Work	<p>2013: Dissertation: Food Intake and Family Income in school aged children in Maputo, Mozambique</p>
Participation in seminars/workshops	<p>2008: Seminar on Nutritional Counselling for children and adults with HIV / AIDS - Cape Town</p> <p>2011: Seminar on Nutritional Status Assessment - Diagnosis, Monitoring and Treatment - Liverpool</p>
REFERENCES	<p>Luis Filipe Pereira - Cruzeiro do Sul, IID – +258827042600</p> <p>Erika Rodrigues – B&M Translations - +258824532970</p> <p>Duane Mellor - Nutricionista (Universidade de Chester) – +44 1244 513005</p>