

Motivation



Facilitation





Team Building





TEAM BUILDING| LEADERSHIP TRAINING| COACHING| EMPLOYEE MOTIVATION| PERSONAL DEVELOPMENT| TIME MANAGEMENT

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COMPANY PROFILE

BACKGROUND:

Africa is awash with unrealized but massive potential. It is sad to note that millions are born crying, they live complaining and die disappointed. They go through life crawling upon their hands and knees, defeated and dejected; a result of a lack of some little motivation. It is from this background that Motivcenter was formed; to help people shake off the flair of failure and give to them a touch of success.

The Motivation Center commonly known as Motivcenter was founded by Ozias Mucheriwa. The company's main objective is to motivate, equip and unleash people to realize and live their dreams. Through the leadership of its founder, Motivcenter provides Motivational teachings using Maputo as its base to touch many lives in Africa and beyond.

Ozias is a certified Coach, Speaker & Trainer. He has been trained by the world's renown Leadership guru, John Maxwell and his team and has travelled extensively to several countries conducting workshops and seminars including USA. Ozias has trained and qualified as an Insurance practitioner. He also studied with the University of South Africa and the Zimbabwe Institute of Management gaining extensive experience in the corporate world having worked in the insurance Industry both in Zimbabwe and Mozambique. In the last fifteen years, he has worked in the same industry at various levels, from middle management to executive level as Executive Director of Hubertus Clausius Insurance Brokers in Mozambique.



The Vision

To be the center where people turn to first, for the keys to unlock their potential and live their dreams.

The Mission

To unleash the intrinsic potential, talents and abilities lying dormant in the family of man, propelling them to their zenith.

The Services

I. Employee Motivation and Team Building

Let's Build Strong Work Teams!

How does it feel to lead an organization free of politics, gossip and unnecessary suspicions; an entity where there is an extraordinary level of connectedness?



It is certain that every leader would want to work with employees that have developed to a level of interdependence whose departmental dependence is reciprocal?

How would you like to be part of an organization where the corporate goals are cherished by all and everyone works with a singleness of purpose to achieve that one goal?

I am sure you would like to belong to an organization where there are no barriers to communication. Strange and unrealistic as it may seem that is exactly what we at Motivcenter work with your organization to achieve.



What areas do we cover?

- Connecting the individual with business by highlighting their intrinsic value
- Breaking down barriers and building trust
- Acknowledgment of strengths in individual team members
- Individual Development and Motivation
- Attitudes and laws of growth
- Fostering the development of a strong Work Team
- Team Building Exercises

2. Team Building for Leaders

It is one thing to have a strong work unit and another, to have leaders who understand how that works. After helping you build your strong work team, we train your leaders and equip them with the best tools to maintain them with their momentum.

What areas do we cover?

- The role of a leader
- How to deal with the employee's self concept
- Seven ways to reinforce positive self-concept
- Creating a positive environment
- The fundamental laws of Team work



3. Time Management

"Nothing really belongs to us but time, which even he has who has nothing else."-Baltasar Gracian

- Do you face a constant barrage of looming deadlines?
- Does it appear like you are heaped with lots of work as opposed to the others and you wonder why?

• Do you sometimes just forget to do something important, so that people have to chase you to get work done?

• Does your day seem shorter than others' but you have less to do?

Time is the most democratic commodity that there is. Everybody has exactly the same amount of it - 24 hours a day, 60 minutes in an hour and 60 seconds in a minute. Why is it that some of us never seem to have enough. This half-day course will dispel the myth that there is never enough time.

Who Should Attend:

If your answer to any of the above questions is in the affirmative then this training course is for you. Your time should be managed effectively so it becomes an asset rather than an obstacle. This course is for anyone who has ever felt overwhelmed by a long 'to do list' with no end in sight! It is for delegates who would like to better manage their time, respond well to changing and growing demands, and achieve more without working late.



What areas do we cover?

- Developing a Personal sense of time
- The five Main aspects of Time Management
- Prioritization of high value-adding tasks
- Create your own personal system for managing time
- Become aware of time-stealers
- Adopt Anti-Procrastination Strategies
- Cope with interruptions and change
- Planning with flexibility
- Multi-task with focus
- Use breaks effectively to recharge
- Un-learn bad habits
- Delegating assertively
- Self-motivation and reward

4. Speaker Training

When was the last time you were asked to speak before an audience and wished the earth would open up and swallow you, sparing you the humiliation of mumbling before an audience? Learning to speak effectively to groups brings other benefits than merely the ability to make formal speeches. Public speaking ability is the royal road to self-confidence. Once



you realize that you can stand up and talk intelligently to a group of people, it is logical to assume that you can talk to individuals with greater confidence and assurance. Many people when they realized that they could stand on their feet and speak to their fellows without the roof falling in, they became aware of the ridiculousness of self-consciousness. You can reap a double benefit. Your self-confidence strengthens as you learn to speak to others, and your whole personality grows warmer and better. This means you're better off emotionally, and if you're better off emotionally you're better off physically. It is a wonderful sense to have, and no pill ever made can give it to you.

At Motivcenter we will help you to develop this skill, starting with:

I. An understanding of your own attitude toward public speaking and developing the appreciation for the characteristics of effective presenters

- 2. Developing Speaker Confidence
- 3. Preparing yourself to speak
- 4. Stage Presence & Speaker anxiety
- 5. The 10 Principles of Public Speaking
- 6. Delivery voice, tonality, gestures, pauses, pace
- 7. How to connect with your audience
- 8. Use of visuals
- 9. Speech Exercises



5. Keynote speech for your company sponsored event

Yes, you have planned the event or even strategy session, but do you need to just delve straight into the business of the day without lubricating the wheels that drive the strategy? We can help you set the tone for the event.

Talk to us

6. Leadership Development

Dr. John Maxwell has always maintained that everything rises and falls on leadership. Leadership is the difference maker and the deal breaker. It is how we grow organizations. It is how we impact lives. But, as you also know, leadership cannot be an idea we simply talk about; leadership is the action we must live out.

What areas do we cover?

- Defining Leadership
- Where it all starts
- Defining moments for Leadership
- How to hold up against criticism
- P• The Three Fundamental Leadership Questions. UR ZEN TH
 - Don't send your ducks to eagle school
 - The leader's biggest mistake to avoid
 - Management of Time
 - People quit people, not companies
 - The choices you make, make you
 - Leaving a leadership legacy



7. "Lunch and Learn"

The need for continual improvement has become so pronounced that learning is no longer confined to the class only. Whilst you are having lunch we provide you with the opportunity to "lunch and learn." This teaching session tackles a wide range of topics from Personal Development to Professional Development depending on your requirements

8. Coaching

In today's competitive environment, some of the most successful business leaders have experienced tremendous benefits from coaching. Results have included increased revenue and productivity, career advancement, higher employee retention, and the development of more effective business strategies.

Coaching is a process of continuously providing guidance on an on-going basis with intention to provide challenge, encouragement, guidance and honest feedback, as YOU pursue YOUR personal and professional goals.

YOU will define the agenda. YOUR results will vary depending on how long we work together and what actions YOU take.

Our clients are expected to experience measureable return on investment, increased productivity, and up to 200% revenue growth.

Our responsibility is to provide content, insight, tools, wisdom, framework, ideas, and feedback. YOUR responsibility is to move from awareness to action and accountability. Our coaching provides many structures for you to meet your individual and organizational goals.



The Fees

Fees are based on a number of factors including but not limited to:

- The amount of research required
- Number of delegates
- Duration
- Travelling
- Accommodation and Venue

Costing can be discussed directly with our office.

Contact Details

Office Address

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